



Mind-Body Soulutions LLC

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SOCIAL MEDIA POLICY INFORMED CONSENT & AGREEMENT

This Social Media Patient Consent Agreement is made part of the primary Patient Informed Consent & Disclosure Statement, Agreement for Psychotherapy Services and is incorporated therein by reference.

My Professional Use of Social Media:

My social media accounts are primarily used for professional, education and entertainment purposes. At times I may share mental health related information, but I primarily engage on social media for the purposes of political advocacy, social justice and human rights. I may post about matters related to these topics as well as current trends, but I will *never* discuss specific client cases or identify clients on social media.

Client Interaction on Social Media:

I understand some clients may wish to connect with me on social media. While I generally do not initiate or accept friend requests from current clients on personal profiles, I recognize the increasing integration of social media into our lives. Therefore, I offer the following options:

- **Following My Professional Pages:** You are welcome to follow my professional pages (e.g., [List Platforms: Facebook, LinkedIn, BlueSky, TikTok etc.]). This can be a way to stay informed about my work regarding political advocacy, social justice, human rights and access general mental health resources.
- **Client-Initiated Contact:** You may choose to follow or interact with my professional pages. However, please be aware that:
 - **Confidentiality Risks:** While I will not disclose that you are a client, your engagement (e.g., liking, sharing, commenting) may be visible to others and could potentially reveal that you are interested in mental health topics. This could unintentionally compromise your privacy.
 - **Boundary Considerations:** Interactions on social media can blur professional boundaries. While I appreciate your interest, I will generally not engage in direct therapeutic conversations or provide clinical advice via social media. These platforms are not appropriate for discussing personal mental health concerns.

- **No Guarantee of Response:** Due to privacy and ethical considerations, I may not be able to respond to your comments or messages on social media, even if they seem innocuous. This does not reflect a lack of care but rather a commitment to protecting your confidentiality and maintaining professional boundaries.

Informed Consent and Potential Risks/Benefits:

By choosing to follow or interact with my professional social media pages, you acknowledge that you have read and understand this policy. You are making an informed decision with awareness of the potential risks and benefits:

- **Potential Benefits:** Access to general mental health information, connection to updates related to my areas of interest including political advocacy, social justice, human rights, and a sense of community.
- **Potential Risks:** Possible compromise of privacy due to visible engagement, blurring of professional boundaries, and limitations on my ability to respond due to confidentiality concerns.

Confidentiality:

Maintaining your confidentiality is paramount. I adhere to all ethical guidelines and legal requirements regarding the protection of client information. While I take precautions to safeguard your privacy on social media, it is essential to understand that online platforms have inherent limitations in privacy protection.

Changes to this Policy:

This social media policy may be updated periodically. Any changes will be posted on my professional social media pages and/or website.

Questions:

If you have any questions about this social media policy, please feel free to discuss them with me during our sessions.

Your signature below indicates agreement with this Social Media Patient Consent Agreement.

Patient's Signature: _____ Date: _____

If you are submitting this Social Media Patient Consent Agreement electronically, typing your name in the space provided above will be considered your signature and constitute your acceptance and agreement of this Social Media Patient Consent Agreement. This Social Media Patient Agreement becomes effective as of the date signed above.